



massage therapy course

unlock your potential

As a trained mobile Massage Therapist, start your own business providing massage therapy from your home or offer mobile services to your clients.

2020 Qualifications. Your guide to studying with us.

The journey begins

Your journey, our commitment

Studio Massage Institute brings leading expertise and quality, therapeutic bodywork. We offer a comprehensive curriculum, clear and accurate assessments, in a comfortable and relaxed setting. Our introductory course in Massage Therapy equips you with the skills to achieve your own goals in mobile Massage Therapy. We strive to ensure our Massage Therapy program is both flexible and affordable and are committed to providing you with high-quality education and instruction.

Alternative health treatments are increasing in popularity now more than ever before. That's why massage therapy is a billion-dollar industry. Of all the forms of alternative health treatments, Massage Therapy is among the most popular and healthcare is one of the largest growing industries today.

Be your own boss

As a trained mobile Massage Therapist, you can work conventions, fairs, trade shows or start your own business providing massage therapy from your home or offer mobile services to your clients.

Be a part of a growing industry

The ever-increasing number of patients and clients from all walks of life who take advantage of the benefits of regular Massage Therapy is the reason that professional Massage Therapists are in such great demand.

Elevate your career

Take your skills to the next level

Experienced Program Instructor

Skilled Practitioner with nearly 20 years of experience in Therapeutic Massage and bodywork

Focused learning

A relaxed setting conducive for therapeutic learning and instruction, with focused classes of up to 6 students coupled with a comprehensive curriculum

Interactive participation

Classes include hands-on demonstrations, samples, case studies and online eClasses with live video demonstrations

Resources provided

Enrollment includes a USB drive with all digital resource material including charts, eBooks, diagrams and over 10 hours of meditative music. Also included are all textbooks, printed material, massage oils and equipment for class demonstrations.

CPR First Aid AED

American Heart Association Heartsaver® First Aid CPR AED certification class at a local certified center is included.

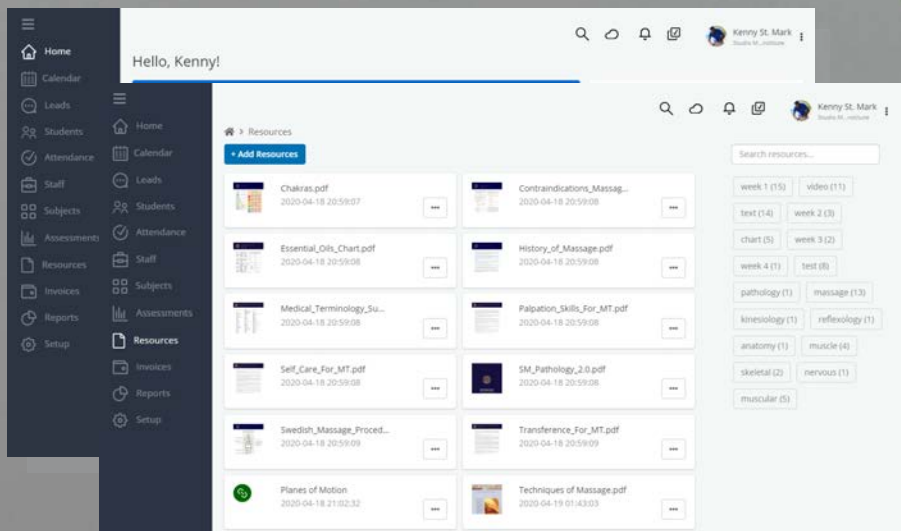
Proficiency

Course covers theory and practical instruction in 12 modalities.

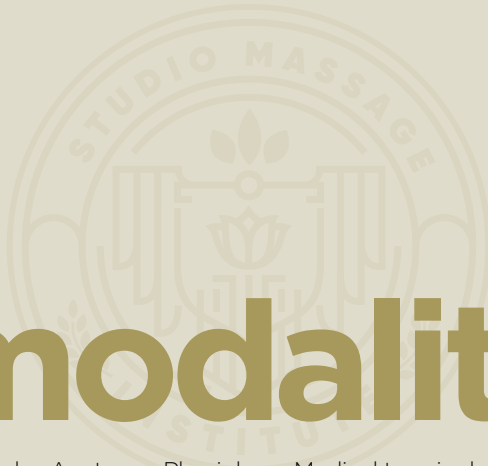
Your resources at your fingertips

Online student portal

Access, play, view and download all classroom material online, from your private student portal, from any PC or mobile device.







What will I learn?

12 modalities

Our 4 month course includes Anatomy, Physiology, Medical terminology, kinesiology, business laws and ethics, and various massage techniques. Demonstrate your commitment and technical knowledge through our comprehensive curriculum, including 12 massage disciplines: **Swedish, Hawaiian Lomi Lomi, Deep Tissue, Indian Head, Chair, Sports, Aromatherapy, Thai Yoga, Shiatsu, Hot Stone and Prenatal Massage.**

Business & Ethics

- Professional Ethics for the Massage Practitioner
- Requirements for the Practice of Massage
- The Consultation
- Equipment and Products
- Effects and Benefits of Massage
- Contraindications for Massage
- Endangerment Sites

Sanitary & Safety Practices

- Safety Precautions for Therapist and Client
- Maintaining Sanitary Conditions in the Massage Area and Sanitizing Linens

Practice & Techniques

- Basic Massage Movements
- Procedures for Complete Body Massage;
- Face and Scalp Massage
- Heated Stone and Hydrotherapy
- Massage for Nursing Home Clientele;
- Healthcare and Specialized Massage
- Deep Tissue Part I: Basic Deep Tissue Technique & Trigger Point Release
- Deep Tissue Part II Orthopedic & Functional Assessments
- Deep Tissue Part III: Athletics & Sports Massage; Therapeutic Stretching

- Reflexology
- Seated (Chair) Massage
- Pre-Natal and Infant massage
- Nutrition
- Aromatherapy and Body Wrap

Practice & Techniques

- Anatomy and Physiology Objectives,
- Anatomical Positions
- Medical and Anatomical Terminology, The Regions of the Human Body
- The Integumentary System
- Skeletal System
- The Muscular System, The Circulatory System, Lymph-Vascular System
- The Nervous System, The Endocrine System
- The Respiratory System, The Digestive System, The Excretory System
- The Human Reproductive System
- Kinesiology – Study of Movement and Body Mechanics

Pathology

- Effects of Disease on Structure and Function of the Body
- Athletic Massage; Pre-event, Post-event,
- Rehabilitative, Restorative and Injury Prevention
- Muscle Testing
- SOAP Charting and Records

Over 100 hours of hands-on training

350.00

ACADEMIC THEORY

If you wish to learn the basics of massage, you can complete the academic portion of the massage therapy course and receive a letter of Academic Achievement.

Enrollment starts at 300.00

FULL COURSE THEORY & PRACTICAL

- 300.00 Enrollment
- + 300.00 balance to be paid within 30 days of enrollment
- + 300.00 balance to be paid within 45 days of enrollment
- + 300.00 balance to be paid within 60 days of enrollment

Enrollment in the full enhanced course that includes both the Academic & Hands-On Training portions, over 100 hours of hands-on massage therapy training will prepare you to receive your professional training by a certified massage therapy instructor.



APPLICATION

Studio Massage Institute

Name

First

Last

Email

Address

Phone

DOB

Emergency
Contact

Name

Phone

Job History

Last 5 Years

Education

Medical
Certification

I, _____ certify that I am free from any medical conditions that would prevent my provision of massage therapy. These include contagious diseases, skin conditions, TB, musculoskeletal restrictions and any other condition that would impede the delivery of massage therapy.

I certify that the above statements are true and accurate to the best of my knowledge.

Date

Signature



1 (242) 428-8996
Leeward Drive, Leeward East
relax@mystudiomassage.com

mystudiomassage.com/institute